

What is Ultra Depth®?



Healing
From
Within

Your local hypnotherapist

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What is Ultra Depth®?

Ultra Depth® is a process that guides an individual either quickly or slowly into the most profound depth of consciousness and awareness, the Sichort State. This can be achieved by any individual and the only depth beyond the Sichort State is natural deep sleep.

This depth was first experienced by Edgar Cayce who achieved it naturally after being hypnotized. The state that Mr. Cayce reached was never explored. No one understood how Mr. Cayce was able to do what he did.

Everyone just thought he had a special gift. Then along came Mr. Walter A. Sichort, Sr. He was a practicing hypnotist and magician. He was able to induce his assistant Mary Borgessi, in his magic show demonstrations for terminally ill children, not only into the Esdaile State (for all you laymen out there, hypnotic coma) but also into the Catatonic State. Puzzled about this state that she entered, Mr. Sichort set out to find a way to reproduce again within her. It took quite some time before it worked again and this time he found out what words he could use to get her there and how to anchor this depth with one single word for re-entry.

Mr. Sichort then named this profound state, "*Ultra Depth®*."

Then Mr. Sichort and Mrs. Zane decided to research what this depth could provide in the way of benefits. He found that it helped to promote and expedite the healing of any

abnormal condition that an individual may be suffering from. He discovered that when it came to physical healing, the time of healing was increased from six to ten times the individual's normal rate of healing. This was documented by the Philadelphia doctors, Dolman and Markow.

Under Sichort's approval James Ramey then designed a method to teach *Ultra Depth®*. The practitioner just has to know how to set things up, so Subconscious can go to work and provide the healing necessary. It was found that giving suggestions was not necessary and just getting the individual to the Sichort State was all that was needed for the person to heal. That's what the training is all about and why it takes some time to learn to become proficient. Just reading about it is not enough, you must practice it, live it and be *Ultra Depth®*.

What are the benefits of Ultra Depth®

The *Ultra Depth®* Process can be used for any situation that an individual may need to achieve self-healing. *Ultra Depth®* is ideal for physical, mental, emotional or even spiritual situations that may be challenging an individual. It is the individual's own Subconscious who does the work necessary to facilitate the healing, not the practitioner. The *Ultra Depth®* Practitioner administers the techniques necessary as to assist his or her clients achieve the most profound level of

consciousness known to-date, the Sichort State. With the use of this depth, suggestion is no longer needed for success. When surgery is indicated, a person who is able to achieve the Esdaile or Sichort States, will automatically produce general anaesthesia without the use of suggestion. Dangerous drugs are not necessary because, general anaesthesia is a gift of these states. In the Sichort State, healing also takes place at six to ten times the individual's normal rate. This is ideal for any surgery.

The Staging Process

I will be guiding you into each level of deep hypnosis commencing with light medium and deep trance and achieving deep somnambulism. I will be testing each state and once confirmed you have reached the appropriate state, I shall be setting a keyword to take you immediately to that state on further occasions. Once somnambulism has been achieved I shall continue through to Esdaile (where general anaesthesia occurs, Catatonia and on to Sichort (*Ultra Depth®*)) At each level I will test the state and set a keyword, which eventually you will be able to use to achieve the state for yourself.